



In this issue:

1. [Lawyers With Depression](#)
2. [Some Advice About Your Clients](#)
3. [A Worldwide Solo and Small Firm Community](#)
4. [The Paperless Office](#)
5. [Free Digital Magazines from Canadian Lawyer](#)

1. Lawyers With Depression

The December 13, 2007 issue of the ABA Journal reports that "About 19 percent of lawyers experience depression at any given time, compared with 6.7 percent of the general population." The article, [Lawyer Depression Comes Out of the Closet](#) by Debra Cassens Weiss, goes on to provide a number of links to resources for lawyers with depression, including the website www.lawyerswithdepression.com created by a lawyer who has experienced depression. GPSOLO magazine addressed this issue in the article, [Depression: The Parable of the Boiling Frog](#) by Doreen A. Diego, published in its January/February 2008 edition. If you recognize yourself or a lawyer you know in any of these materials, remember that The Law Society's [Lawyers at Risk](#) program is available to provide assistance at no cost.

2. Some Advice About Your Clients

Lawyers who attended the recent CLE program, *Family Practice Makeover*, learned about some of the benefits of both enhancing relationships with "good clients" and terminating relationships with problem clients. For more on each of these topics, take a look at the following articles:

- [Clients 2.0: Collaboration Creates Enduring Relationships](#) by Ed Poll, published on the CBA's [PracticeLink](#) website
- [Canning Your Client](#), by Brian Sullivan, published in the March 2008 [ABA Journal](#)

3. A Worldwide Solo and Small Firm Community

One of the down-sides to practising as a solo or in a very small firm can be the isolation. Solo and small firm practitioners looking for advice and feedback from others in similar circumstances should check out the ABA's [Solosez](#) program, a "...worldwide community of more than 1,800 solo and small firm practitioners. SoloSez is an on-line resource for lawyers to share and obtain information on a wide range of personal and professional subjects: legal questions, client referrals, topical issues, practice technology problems and solutions, travel information, jokes, or just to gloat about a court victory or vent about a local judge." Solosez is free to join and you don't even have to be an ABA member, but before you sign up, be sure to visit <http://www.abanet.org/soloseznet/about.html> for information on how to use Solosez most effectively.

4. The Paperless Office

On April 2, 2008 at 10:00 a.m., the Canadian Bar Association is presenting an online CLE on [*The Paperless Office*](#). Presenters are Robert J. Dawson and David Bilinsky. For details and to register, contact the [Canadian Bar Association](#).

5. Free Digital Magazines from Canadian Lawyer

[*Canadian Lawyer*](#) is now presenting its newest magazine, [*Canadian Lawyer Associates*](#), as well as [*Canadian Lawyer*](#) and [*InHouse*](#) in free and fully interactive digital formats. The complete contents of each magazine is available to read online without a subscription.

[Go to the eLaw Archive](#)

The Law Society of Manitoba provides this service solely for the benefit of and to support the competence of its members. Members should exercise their professional judgment in using or adapting any content.